



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Christopher Spavins**

Has successfully participated & completed the

17km Long Highland Gate Trail Run 2020

held at Highland Gate, Dullstroom.

**TIME** 02:17:11

**PACE** 08:03/km

**OVERALL** 106 of 218

**GENDER** 82 of 122

**40 - 49** 8 of 20

14 March 2020, Sat

Date



Bowl Time
Signature